

MURPHY DENTAL GROUP, PLLC

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POSTOPERATIVE INSTRUCTION FOR CROWN AND BRIDGE

Refrain from eating or chewing on the side of the mouth that was worked on for at least 3 hours and/or until numbness wears off.

TEMPORARY CROWNS

A temporary crown or bridge that is placed on the prepared teeth while the final restoration is being fabricated at the dental laboratory. The temporary serves a very important purpose. It protects the exposed tooth so it is not overly sensitive, prevents food and bacteria from collecting on the prepared teeth, and prevents the tooth from shifting or moving, which can make seating of the final restoration more difficult. The temporary is placed with a temporary cement that is designed to come off easily. Avoid chewing sticky foods such as gum, taffy, sticky candy, etc. Use your toothbrush to clean the temporary as you normally do your natural teeth. However, when flossing, it is best to pull the floss through the contact rather than lift up and down on the temporary so you don't accidentally loosen it. If your temporary comes off between appointments, call us for an appointment or advice.

SENSITIVITY / PAIN

Sensitivity, especially to cold, is common following treatment. For the first few days, avoid extremely hot or cold food and beverages. It is normal to have discomfort in the gums around the tooth after the anesthesia wears off. If your gums are tender, rinse with warm salt water, dissolving ½ teaspoon of salt in an 8 oz. glass of warm water. Over counter pain medicine can help, we suggest you take for a headache (either Tylenol or Advil).

Advised you to take Advil, Motrin OR Ibuprofen for 2-3 days after treatment TO PREVENT INFLAMMATION

(unless you cannot because of current medications or allergies)

IF THERE IS PAIN/ ACHE PAST 5-6 DAYS CALL OFFICE FOR AN EVALUATION, YOU MAY BE EXPERIENCING AN INFLAMMED NERVE AND YOU MAY REQUIRE A ROOT CANAL TO RELIEVE PAIN BEFORE HAVING CROWN PLACED. DO NOT WAIT.

FINAL CROWN OR BRIDGE

After the final cementation of your restoration, it may take a few days for you to get used to the new crown or bridge. If you bite feels unbalanced, please be sure to call us for an appointment for a simple adjustment.

HOME CARE

Although crowns and bridges are long-lasting of all restorations, the underlying tooth is still susceptible to decay, especially where the tooth and crown meet. It is important to resume regular brushing and flossing immediately.